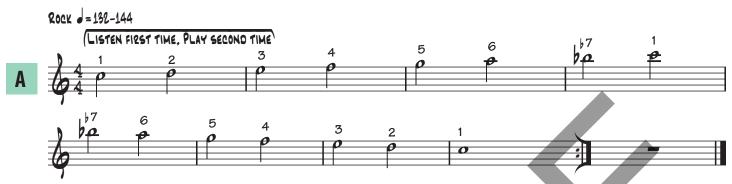
(Concert Eb Mixolydian)

Use the recordings and other features included in the *First Place for Jazz Interactive Practice Studio*. See page 1 for more details.

#### C Mixolydian Scale (Concert E) Mixolydian)



JAYZZ THEORY Crutch Not Much uses the C Mixolydian scale. It is the same as the scale used for Quarterback Sneak (pp. 6-9) and The Lady Knows Her Cheese (pp. 22-25), only now it is built on C. Remember, the Mixolydian scale matches the major scale except the seventh degree is lowered one half step. If you can play the C major scale, all you have to do is lower the seventh to play the C Mixolydian scale.

#### C Mixolydian Pitch Sets (Concert E) Mixolydian)

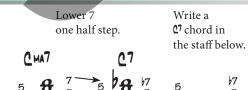
After listening to and playing each Pitch Set as written, skip to Improvisation Practice and play a solo using only those scale degrees.



Use any scale degree. Write the scale degrees above the notes before you play.



#### C Dominant Seventh Chord — <sup>27</sup> (Concert € <sup>1</sup>)



Write half note chord tones for  $\mathfrak{C}^7$  as indicated in the staff below. There is no key signature, so don't forget to add accidentals. Play the chord tones to hear the relationships.





In *Crutch Not Much*, the dominant seventh chord built on C is used. The chord symbol is **C7**. It is the same as the chord learned in *Quarterback Sneak* (pp. 6-9) and *The Lady Knows Her Cheese* (pp. 22-25), only now it is built on C. Remember, the dominant seventh chord matches the major seventh chord except the seventh is lowered one half step, just like it is in the Mixolydian scale. If you can play **CMA7** all you have to do is lower the seventh to play **C7**.

Mastered

### **Rhythm Figures**

After listening to, singing, and playing each Rhythm Figure as written, skip to **Improvisation Practice** and play a solo using only that rhythm. These figures are taken from *Crutch Not Much*.



# **Improvisation Practice**

Improvisation Practice takes you through the solo section of *Crutch Not Much* two times. You can improvise over the entire solo section using pitches from the C Mixolydian scale (concert E) Mixolydian).



# Let's Check Progress

C Mixolydian (Concert E Mixolydian) Practiced Mastered									
A	Play								
<b>B</b> 1	As Written								
	Improv Practice								
<b>B2</b>	As Written								
	Improv Practice								
<b>B3</b>	As Written								
	Improv Practice								
<b>B4</b>	As Written								
	Improv Practice								

C	Write					
•	Play					
<b>D1</b>	As Written					
	Improv Practice					
D2	As Written					
	Improv Practice					
<b>D</b> 3	As Written					
	Improv Practice					
<b>D4</b>	As Written					
	Improv Practice					
<b>D</b> 5	As Written					
	Improv Practice					

Practiced