



Use the recordings and other features included in the *First Place for Jazz Interactive Practice Studio*. See page 1 for more details.

C Mixolydian Scale (Concert E \flat Mixolydian)Rock $\text{♩} = 132-144$

(LISTEN FIRST TIME, PLAY SECOND TIME)

A

JAZZ THEORY

Crutch Not Much uses the **C Mixolydian scale**. It is the same as the scale used for *Quarterback Sneak* (pp. 6-9) and *The Lady Knows Her Cheese* (pp. 22-25), only now it is built on C. Remember, the Mixolydian scale matches the major scale except the seventh degree is lowered one half step. If you can play the C major scale, all you have to do is lower the seventh to play the C Mixolydian scale.

C Mixolydian Pitch Sets (Concert E \flat Mixolydian)

After listening to and playing each Pitch Set as written, skip to **Improvisation Practice** and play a solo using only those scale degrees.

Start with
1 and b7 (LISTEN)

(PLAY)

B1

Add 2 and 6

B2

Add 3 and 5

B3

Use any scale degree. Write the scale degrees above the notes before you play.

B4

C Dominant Seventh Chord — C \flat 7 (Concert E \flat 7)Lower 7
one half step.Write a
C \flat 7 chord in
the staff below.

Write half note chord tones for C \flat 7 as indicated in the staff below.
There is no key signature, so don't forget to add accidentals.
Play the chord tones to hear the relationships.

C

JAZZ THEORY

In *Crutch Not Much*, the dominant seventh chord built on C is used. The chord symbol is C \flat 7. It is the same as the chord learned in *Quarterback Sneak* (pp. 6-9) and *The Lady Knows Her Cheese* (pp. 22-25), only now it is built on C. Remember, the dominant seventh chord matches the major seventh chord except the seventh is lowered one half step, just like it is in the Mixolydian scale. If you can play C \flat 7 all you have to do is lower the seventh to play C \flat 7.

Rhythm Figures

After listening to, singing, and playing each Rhythm Figure as written, skip to **Improvisation Practice** and play a solo using only that rhythm. These figures are taken from *Crutch Not Much*.

Rock ♩ = 132-144

(LISTEN)

(SING FIRST TIME, PLAY SECOND TIME)

D1 da da da da da dah da da da da da dah

D2 DAH da dut da DAH da DUT DUT DAH da dut da DAH da DUT DUT

D3 da da da da da DAH da da dut da da da da da DAH da da dut

D4 da da DAH da da da da DAH da da DAH da da da da DAH

D5 DUT DAH DUT DAH DAH DUT DUT DAH DUT DAH DAH DUT

Improvisation Practice

Improvisation Practice takes you through the solo section of *Crutch Not Much* two times. You can improvise over the entire solo section using pitches from the C Mixolydian scale (concert E♭ Mixolydian).

C7

Let's Check Progress

C Mixolydian (Concert E♭ Mixolydian)

		Practiced				Mastered
A	Play					
B1	As Written					
	Improv Practice					
B2	As Written					
	Improv Practice					
B3	As Written					
	Improv Practice					
B4	As Written					
	Improv Practice					

		Practiced				Mastered
C	Write					
	Play					
D1	As Written					
	Improv Practice					
D2	As Written					
	Improv Practice					
D3	As Written					
	Improv Practice					
D4	As Written					
	Improv Practice					
D5	As Written					
	Improv Practice					

Apply what you have learned from the Jazz Starters as you play the *Crutch Not Much* Jazz Ensemble Chart on pages 40 and 41 or **Lead Sheet** on page 55.